

Course Information

Semester & Year: Fall 2019
Course ID & Section #: Psych-1-E7374
Instructor's name: Michelle Haggerty
Day/Time : MW 10:05-11:30
Location: HU 110
Number of units: 3

Instructor Contact Information

Office location: CA 120
Office hours: MTWTH 9-10:00am
Phone number: 476-4319
Email address: michelle-haggerty@redwoods.edu

Required Materials

Textbook Title: Psychology in Your Life
Edition: 3rd Edition
Author: Grison, S. & Gazzaniga, M.
ISBN: 978-0-393-64447-0

Catalog Description:

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

Course Student Learning Outcomes (*from course outline of record*)

This course is designed to provide you with an introduction to the field of psychology. Students should be able to accomplish the following goals throughout our semester together:

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.
2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

Evaluation & Grading Policy

You can earn a total of 1005 points throughout the semester. Points will be divided up accordingly:

Class Participation and Attendance 150 points

Quizzes: 300 points

Exams: 300 points Pop Quizzes: 40 points

Paper: 150 points

Paper Outline: 30 points

Research Article Questions: 30 points

90 – 92%	A-
87 – 89%	B+
83 – 86%	B
80 – 82%	B-
77 – 79%	C+
70 – 76 -%	C
60 – 69%	D
59% - 0	F

*All written work needs to be turned in on the due date. 5 points will be deducted for everyday that an assignment is late. No late assignments will be accepted after 12/13/19.

Prerequisites/co-requisites/ recommended preparation

None

Special accommodations statement

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact Disabled Students Programs and Services. Students may make requests for alternative media by contacting DSPS at 707-476-4280.

Student Accessibility Statement and Academic Support Information

Academic support is available at Counseling and Advising and includes academic advising and educational planning, Academic Support Center for tutoring and proctored tests, and Extended Opportunity Programs & Services, for eligible students, with advising, assistance, tutoring, and more.

**Psychology 1, General Psychology
E7374
Fall 2019
MW 10:05-11:30
Humanities Bldg. Rm 110**

Instructor: Michelle Woods Haggerty, MA
Office Hours: MTWTH 9-10 or by appointment
Office: CA 120
E-mail: michelle-haggerty@redwoods.edu
Phone: 476-4319

Text:

Grison, S. & Gazzaniga, M. (2019). Psychology in Your Life, 3rd edition. Norton. New York: NY. ISBN: 978-0-393-64447-0.

Course Schedule:

DATES	Topic	READING	Assignment Due
8/26/19	Introduction		
8/28/19	History of Psychology & Theoretical Orientations	Chapter 1	
9/2/19	Holiday- No class		
9/4/19	Research Methods	Chapter 1	
9/9/19			Quiz #1
9/9/19	Discuss Research Article	Research Article provided by instructor	
9/11/19			Research Article Questions Due
9/11/19 & 9/16/19	Biological Bases of Behavior	Chapter 2	
9/18/19 & 9/23/19	Consciousness	Chapter 3	
9/25/19			Quiz #2
9/25/19, 9/30/19 & 10/2/19	Development	Chapter 4	

10/7/19 & 10/9/19	Sensation and Perception	Chapter 5	
10/14/19			Quiz #3
10/14/19 and 10/16/19	Learning	Chapter 6	
	Library session		
10/23/19 and 10/28/19	Memory	Chapter 7	
10/30/19	Midterm		Midterm
11/4/19	Intelligence	Chapter 8	
11/6/19	Discussion of Research Paper		Paper Outline Due
11/11/19	Holiday- No Class		
11/13/19	Discussion of APA formatting		
11/13/19 & 11/18/19	Personality	Chapter 13	
11/20/19			Quiz #4
12/2/19			Research Paper Due
11/20/19, 12/2/19 & 12/4/19	Disorders	Chapter 14	
12/9/19			Quiz #5
12/9/19 & 12/11/19	Treatments	Chapter 15	
12/18/19			Final Exam 10:45-12:45

Class Participation:

In order for you to learn the material, it is important that you interact with it, by taking part in discussions and listening to the material being presented. I encourage you to ask questions and offer opinions on the subject matter. It is therefore, also important that you be present at every class meeting. If you are not present at a class, please make every effort to get notes from another student, or review the power points on Canvas.

The topics discussed in class will stimulate class discussions. I encourage you to be cautious when making self-disclosures to the class. Furthermore, I expect everyone in the class to be respectful of other individuals and to follow the student code of conduct. Failure to comply with the code of conduct will result in a request to leave the class. The complete student code of conduct can be found on the college of the redwoods home page.

Attendance:

Please be aware that if you decide to not continue with the class you should drop the class and let me know about your decision. An Administrative procedure, (AP) 5075, allows instructors to withdraw students from class for non-participation through the 10th week of class. Non-participation includes missing 3 classes in a row and not taking tests, exams or turning in assignments. If you need to miss class due to illness or emergency please let me know what is occurring. Census date is **9/9/19**, where I will be dropping students that have not been participating in class. On **10/11/19** I will again be dropping students that are not participating. The end of the 10th week is **11/1/19**. Please keep me informed of anything that is interfering with your participation/attendance in this class.

Communication:

The best way to contact this instructor is through email. You can utilize the communication section of Canvas or email me at my redwoods account. I will attempt to get back to you within 24 hours.

Academic Misconduct:

All work that is turned in must be your own. This applies to all papers and tests throughout the semester. In an academic paper, like the research paper for the semester, you need to indicate with a citation anytime that you paraphrase, summarize, or quote someone's work. Failure to provide a citation is plagiarism. If I find that a student has plagiarized or cheated on any work the assignment will be graded as receiving zero points. Please ask me if you have any questions regarding this policy. The entire board policy can be accessed on the CR's web site and through the link provided on the cover page. The entire board policy (AP 5500) can be accessed on the CR's web site and through the following link:

<https://go.boarddocs.com/ca/redwoods/Board.nsf/Public?open&id=policies#>

Student Success:

Research that has been done on student success has highlighted the following areas. Think about these points and how you are including this class in your life.

- Buy the textbook at the beginning of the semester and begin reading.
- Read the chapter assigned for the day before coming to class.

- Turn assignments in ontime
- Know where your syllabus is and the schedule for the class.
- Know how to contact your instructor and contact her if you are having difficulties of any kind that are interfering with school.
- Take notes during class
- Take notes while reading the text- outlining the chapter and writing out the key concepts.
- Be on time for class with your cell phone off and ready to experience the class
- Have a designated study area that is distraction free.

Canvas:

The learning management system, Canvas, will be utilized with this course. I will be posting power points that will be used for lecture on our Canvas site. The syllabus is posted, I will use this grade book and this system to communicate with you and post supplemental materials. **You also have the option of turning assignments in on Canvas.** If you turn assignments in electronically, I will grade them there and you will not need to bring a paper copy to me.

Log into Canvas at <https://redwoods.instructure.com>

Password is your 6-digit birth date

For tech help, email its@redwoods.edu or call 707-476-4160

Quizzes:

We will have 5 quizzes throughout the semester on the material from the text, please bring a scan tron to quizzes. You will be provided with a review for the quiz prior to the test. The day of the quiz you have the option of turning in the review along with answering the following questions: **1. What have you learned from this unit? 2. Why is this material important? 3. How is the material related to my life? 4. What questions do you now have about the material?** This review will count for up to 15 points of the quiz grade. The in class quizzes will consist of multiple-choice questions. **The lowest quiz grade will be dropped** at the end of the semester; therefore only 4 quizzes will go into your final grade determination.

No make-up quizzes will be given due to your ability to drop one. If you need to miss class on the day of a quiz that will be the quiz score that you drop.

Pop Quizzes and Classroom Activities:

Throughout the semester we will be doing group exercises, or I may ask a pop quiz question. Periodically I will collect these questions or activities and provide points for completion. These points cannot be made up as you need to be present in class to answer the question or participate in the activity.

Exams:

Two exams will be given during the semester. They will consist of multiple choice and essay questions. Please bring a scan tron to the exams. You must take the exam on or before the date of the exam. No make-up exams will be given after they have been graded and returned, which will be the next class period.

Research Article Questions:

This assignment is to provide you with exposure to primary research in the field of psychology. **Your instructor will provide the article for you, electronically and/or hard copy.** You need to read the article and be able to answer the questions provided here prior to the day designated in our schedule as the date for discussion of the article. You will then need to type up your answers in a paper approximately 2 pages long, double-spaced. This paper should demonstrate your knowledge of the research process. It is worth 30 points and 5 points will be taken off for every class period it is late.

- 1. What Journal is the article in? Year and volume? Page numbers?**
- 2. Is this experimental or correlational research? Explain why.**
- 3. What is the author's hypothesis?**
- 4. If this is experimental research, identify the independent and dependent variables.**
- 5. Identify the group of individuals that are being researched. Is this a representative sample?**
- 6. Identify some extraneous variables that could be affecting the outcome of the research.**
- 7. Explain how the research was conducted. What was the method?**
- 8. Explain the results of the study.**
- 9. Do you feel that this research should be replicated? How would you change the design?**
- 10. How do you think the results of this research can be utilized by our community/society?**
- 11. Why did you pick this article? Does the content of this article have any connection to your life?**

Paper:

Research papers are due **12/2/19**. A typed outline of the paper including the topic, at least one research article on the chosen topic and a citation for another source is due on **11/6/19**. The outline is worth 30 points and the paper is worth 150 points. 10 points will be deducted for every day that a paper is turned in late. No papers will be accepted after **December 13, 2019**.

You should choose a topic for the paper from the following list: (Topics that are not included on this list must be approved)

1. Research different specialty fields in psychology, pick one to discuss in your paper explaining the specialty area, history of the area and important research. If you are considering Psychology as a major this assignment may help you to explore the different career options in this discipline.
2. Research a major theorist that has contributed to the field of psychology. Give his/her history and describe their theory of counseling along with how individuals change.

3. Research a major psychological disorder. Explain the disorder and its current recommended treatments. (To narrow this topic you may want to look at specific subtopics of a disorder such as particular populations or treatments.)
4. Research sleep and current theories on dreaming. Historical theories can also be included.
5. Examine the current research on sex differences in the brain.
6. What is the current research on the brain's ability to repair itself after injury?
7. What are the effects of psychological medications on the brain?
8. Examine the current research on perceptual differences in individuals who have a hearing or vision deficit.
9. How effective is hypnosis at stopping addictions?
10. Research the different ways that behavior modification is being utilized to treat disorders in children.
11. What does research indicate about the correlation between scores on intelligence tests and success?
12. Discuss psychological treatments and research on the effectiveness of these treatments.
13. Read the 12/13 book of the year Outliers by Malcolm Gladwell. Investigate the question of nature vs. nurture in regards to intelligence and/or success. Include this research in your discussion of the book.
14. Read a biography – for instance Dreams of my Father by Barack Obama and discuss how the main subject in the book is expressing Erik Erikson's stages of development. Include Erikson's work in your references.
15. Read the previous CR book of the year One Flew over the Cuckoo's Nest and watch the movie of the same title. Compare differences between the movie and book. Discuss the way the mental health system is reflected in these works. Compare the mental health system at that time compared to currently.
16. Read the previous book of the year The Help. Investigate current research available on racial discrimination and social roles. Include this research in your discussion of the characters in this book.
17. Read the past book of the year Between the World and Me, by Ta-Nehisi Coates. Investigate current research on prejudice and discrimination along with your discussion of the themes and main points of this book.

- Make sure you fully cover the topic in an academic manner. The research should be current and verifiable by author and or organization. Utilize the research tools available through the library for your research **not** Google/open web searching. We will be spending time with the librarian discussing the databases available through the CR library.
- The paper needs to be written in APA format, 4-6 pages, double-spaced. You can access a handout on APA formatting on the CR library homepage. OWLS at Purdue and Diana Hacker.com are also good on-line sources for help with formatting. We will discuss formatting in class.

- At least 3 academic sources need to be utilized including research articles and/or books.
- This project including the outline and paper is worth 180 points.
- Papers will be graded on:

Content- 45 points

The paper needs to adequately explain the topic and the research that was utilized in the discussion. Student needs to be able to analyze the research read and synthesize the research in the writing of the paper.

Documentation of sources – 20 points

In text citations must be utilized according to APA format. A reference page also needs to be included fully citing the verifiable sources.

Utilization of APA format- 20 points

APA format needs to be utilized in the set up of the paper including a title page, utilization of a running head, in text citations by author and date, 12 font, double space, format of reference page.

Spelling and Grammar – 15 points

One point will be deducted for each spelling and grammar mistake. Please edit carefully.

Credibility of sources –25 points

Sources of information utilized for this paper must be academic ones found through library databases. Sources should be verifiable and documented by an author and/or organization. Peer reviewed sources will be helpful for you to use in your research.

Organization of information- 25 points

The paper needs to be well organized in regards to paragraph structure, sentence structure and overall organization of paper topic.

Students with Disabilities:

This class is designed to accommodate individuals with disabilities. Please contact me directly if you have any specific concerns. For more information regarding the College’s services you can access the DSPS website at <http://redwoods.edu/district/dsps/>

Non-Discrimination/ Equal Opportunity

College of the Redwoods is committed to equal opportunity in employment, admission to the College, and in the conduct of all of its programs and activities. CR’s policy complies with *California Education Code* and *Title 5 of the California Administrative Code*, and with related federal laws (*Title VI and VII of the Civil Rights Act of 1964*, *Title IX of the Educational Amendments of 1972*, and *Section 504 of the Rehabilitation Act of 1973*). Under these regulations, College of the Redwoods guarantees that no person shall be subjected to discrimination on the basis of ethnic group identification, religion, age, gender, sexual orientation, color, or physical or mental disability under any of its programs or activities. (The full policy and regulations can be viewed in the CR catalog that is available on the CR Homepage.)



Emergency Preparedness/RAVE

College of the Redwoods has implemented an emergency alert system. In the event of an emergency on campus you can receive an alert through your personal email and/or phones at your home, office, and cell. Registration is necessary in order to receive emergency alerts. Please go to <https://www.GetRave.com/login/Redwoods> and use the “Register” button on the top right portion of the registration page to create an account. During the registration process you can elect to add additional information, such as office phone, home phone, cell phone, and personal email. Please use your CR email address as your primary Registration Email. Your CR email address ends with “redwoods.edu.” Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions

Note:

I will make every effort to follow the standards and schedule of this syllabus. There may be times when changes are necessary and I will inform the class if this occurs. I make every effort to return your work to you in a timely manner. Normally work will be returned within a week of submission. At the end of the semester I normally take longer than a week to return research papers, your papers will be returned by the end of the semester. I utilize the gradebook on Canvas, so please use this to keep track of your grades and communicate with me if you see any discrepancies.

Important Fall 2019 Dates:

- *Last day to add a class: 8/23/19*
- *Last day to drop without a W and receive a refund:9/6/19*
- *Census date:9/9/19*
- *Last day to petition to graduate or apply for certificate:10/31/19*
- *Last day for student-initiated W (no refund):11/1/19*
- *Last day for facult initiated W (no refund): 11/1/19*
- *Veteran’s Day (all campuses closed):11/11/19*
- *Fall break (no classes):11/25/19 – 11/30/19*
- *Thanksgiving (all campuses closed):11/28/19 – 11/29/19*
- *Final examinations:12/14/19 – 12/20/19*
- *Semester ends:12/20/19*
- *Grades available for transcript release: approximately 1/6/20*